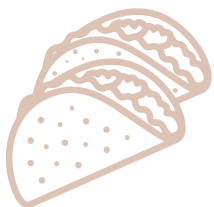



















# TACOS













- PLANT BASED CHORIZO 285cal**   €10.50  
Blue Corn Tortilla, Pickled Red Cabbage, Plant Based Chorizo, Guasacaca, Pickled Red Onion, Crispy Corn
- JACKFRUIT CARNITAS (Cashews) 214cal**     €10.50  
Blue Corn Tortilla, Pickled Red Cabbage, Jackfruit Carnitas, Pickled Red Onion, Cashew Cream, Coriander, Sesame Chili Salt
- GRASS FED IRISH BRISKET (Wheat) 342cal**     €11.50  
Blue Corn Tortilla, Kimchi,    
Slow Cooked Grass-Fed Irish Brisket, Peanut Rayu, Coriander
- CHILI DEL REY (Oats) 159cal**    €11.50  
Blue Corn Tortilla, Pickled Red Cabbage, Plant Based Chili Mince, Pickled Red Onion, Coriander
- PORTOBELLO ASADA 255cal**   €10.50  
Blue Corn Tortilla, Pickled Red Cabbage, Portobello Asada, Guasacaca, Pickled Red Onion, Coriander, Sesame Chili Salt

## PREMIUMS

€2.50<sup>ea</sup>










Black Beans, Lentils, Half Avocado, Guacamole, Plant Based Bacon

## Proteins

- JACKFRUIT CARNITAS 83cal**   €3.50
- SPICED IRISH CHICKEN BREAST 104cal**  €3.50
- PLANT BASED CHORIZO 113cal**  €3.50
- PORTOBELLO ASADA 48cal** €3.50
- PLANT BASED CHILI MINCE 105cal**   €3.50
- TUNA SASHIMI 107cal**    €3.50
- SLOW COOKED GRASS FED IRISH BRISKET 143cal**  €4.50



## Small Plates

- SQUASH & FETA 164cal**      €3.95  
Roast Butternut Squash, House made Peanut Rayu, Feta Cheese, Coriander
- ADD PLANT BASED FETA CHEESE ..... €0.50
- CHARRED CORN ON COB 115cal**  €3.95  
Charred Corn on Cob, Feta Cheese, Cocoa Nibs, Coriander
- ADD PLANT BASED FETA CHEESE ..... €0.50
- BLACK BEANS & RICE 254cal** ..... €3.95  
Black Beans, Black Rice, Coriander
- SIDE SALAD 100cal**    €3.95  
Baby Kale, Charred Kale, Cherry Tomato, Nori Cucumber, Pickled Red Onion, Fresh Lime & Miso Dressing, Chili Sesame Salt.

## Bowls

- MEXICAN BOWL 583cal**    €12.95  
Brown Rice, Black Beluga Lentils, Coconut & Peanut Sauce, Pico de Gallo, Avocado, Sweet Potato, Pickled Red Onion, Sesame Chili Salt. + Protein  
Chef Recommends: Spiced Chicken  
UPGRADE TO BLACK RICE ..... €1.00
- MUCHO VEGANO (Cashews) 396cal**    €13.50  
Brown Rice, Black Beans, Charred Kale, Pico de Gallo, Pickled Red Cabbage, Guacamole, Cashew Cream, Pickled Red Onion, Coriander, Sesame Chili Salt. + Protein  
Chef Recommends: Plant Based Chorizo  
UPGRADE TO BLACK RICE ..... €1.00
- RAINBOW PAD THAI 417cal**    €12.95  
Brown Rice, Coconut & Peanut Sauce, Charred Kale, Nori Cucumber, Pickled Red Cabbage, Mix Peppers, Pickled Carrot, House made Peanut Rayu, Sesame Chili Salt. + Protein  
Chef Recommends: Jackfruit Carnitas  
UPGRADE TO BLACK RICE ..... €1.00
- FORBIDDEN RICE (Wheat) 302cal**     €13.95  
Black Rice, Hoisin-Tamarind Sauce, Brussel Sprouts, Nori Cucumber, Kimchi, Pickled Red Cabbage, Pineapple, Turmeric Pickled Ginger, Sesame Chili Salt. + Protein  
Chef Recommends: Grass Fed Irish Brisket
- SHINRIN-YOKU (Cashews) 296cal**     €12.50  
Baby Kale, Sweet Potato, Mixed Peppers, Pomegranate, Coriander, Basil, Spicy Cashews, Pickled Red Onion, Fresh Lime & Miso Dressing, Chili Sesame Salt.
- CLASSIC POKE 470cal**     €15.95  
Brown Rice, Miso Dressing, Tuna Sashimi, Baby Kale, Pickled Red Cabbage, Nori Cucumber, Pineapple, Pomegranate, Turmeric Pickled Ginger, Plant Based Sriracha Mayo, Sesame Seeds.  
UPGRADE TO BLACK RICE ..... €1.00
- PLANT POKE 396cal**    €13.50  
Brown Rice, Miso Dressing, Watermelon Sashimi, Baby Kale, Pickled Red Cabbage, Nori Cucumber, Pineapple, Pomegranate, Turmeric Pickled Ginger, Plant-Based Sriracha Mayo, Sesame Seeds.  
UPGRADE TO BLACK RICE ..... €1.00

## SEASONALS

- HARVEST BOWL (Wheat) 320cal**     €9.95  
Black Rice, Hoisin-Tamarind Sauce, Brussel Sprouts, Butternut Squash, Mixed Peppers, Charred Kale, Pickled Carrot, Pickled Red Onion, Sesame Chili Salt  
Chef Recommends: Portobello Asada
- IMMUNITY BOWL 320cal**   €9.95  
Immunity Dressing, Seasonal Leaves, Mix Peppers, Butternut Squash, Charred Brussel Sprouts, Sunflower Seeds, Pomegranate, Plant Base Bacon, Sesame Chili Salt  
Chef Recommends: Spiced Chicken

## The Broth

- Vegetable Base Broth, Black Lentils, 46cal   €3.95  
Charred Kale, Lime, Coriander, Sesame Chili Salt
- ADD KIMCHI ..... €1.50